

# TORBAY OLYMPIC GYMNASTICS CLUB



## CONTENT:

Competition Results 1

News 2

More News 3

What's On 3

Club of The Year 4

Who's Who? 4

Activities at TOGC 4



Phone: 01803 317 817

info@torbaygymnastics.co.uk

Merry Christmas to you all!



Yet again the past year has been a successful one for many and we hope you will all continue to build on your involvement with the club and love for gymnastics, trampolining and cheerleading in 2012.

Liz Wimbleton, Chairman

## COMPETITION RESULTS

Torbay Olympic Gymnastics Club (TOGC) had a fantastic golden weekend in the summer, with 2 South West Champions and a Devon Champion, along with Silvers and Bronze medals.

First 4 Gymnasts from the Club went to the SW Tumbling Championship in Taunton, with Lewis Dennis winning the Under 10's Level 1 Elite Gold and Jessica Addis winning Under 12's Level 1 Elite, 13yr old Naomi Passmore just came second behind a 17 yr old in the Women's Elite L 1 Over 13's. Alex Pingerra made up the set of medals with a Bronze in the Over 13's NDP Level 3.

Lewis Dennis then on the Sunday became the Devon Under 10 Novice Champion, at the Devon Championships in Exeter with an emphatic win over 15 other boys, with Club mate Harry Baxter finishing 5th.

The young girls were not to be out done when they competed at the Devon Team Competition in Newton Abbot and won a Team Bronze in the Under 9's Club event.



The Club's Trampolinists also travelled to Plymouth for the Plymouth Phoenix Trampoline Clubs' Annual Trampoline Competition and once again we were very proud of our performers, not only because of the great results achieved and medals won but by the hard work put in by our trampolinists in preparation for this competition. For most of them it was their first experience of a competition and despite nerves they impressed their coaches Steve and Karen by their growing confidence and ability...so well done to all who took part!

A massive congratulations to Annie Hartt in the U11 Girls, and Jak Partridge in U9 Boys who both went away with 1st place gold medals.

In the U13 Boys Murray Crewes took the 1st place gold medal followed very closely by Cameron Knowles who took the 2nd place silver medal with only 0.3 in their scores.

In the U11 Boys Finlay Scollick took the 2nd place silver medal which was a great achievement as he had forgotten his routine on arrival!!!

Yvette Neary, who competed in the U15 Girls and is a new arrival to trampolining in our recreational class took the 3rd place bronze medal.

# NEWS

## DID YOU KNOW...

Your Club has 1,050 members in 4 Fun4baby, 8 Parent & Toddler, 10 Pre-school, 20 recreational gymnastics and 2 adult classes plus 10 recreational trampoline and 2 adult classes, 10 1:1 Special needs adults sessions, 12 competitive/display squads and a new special needs high dependency session on Saturdays!!! A pretty impressive community club hey (see p.4)?!

With these numbers in mind plus Pilates, Judo and Taekwondo sessions we would like to remind you of the **serious issue of safety regarding parking** at TOGC. We are lucky to have any parking at all and must ask people to drive slowly, park safely and think of the safety of all children first when driving in and out of the car park. When the car park is busy please note that you can park, for free, either a little further along the road or, after 6 and all day on Saturdays, in the Dr's surgery opposite.



## CLUB COMPETITION:

On Sunday 27<sup>th</sup> November our Club Competition was a great success with 180 entries. All recreational gymnasts are eligible to enter including beginners and

those with special needs (routines are adapted if needed). With free admission for family and friends, many spectators added to the atmosphere. The 4½ & 5 year old's medals were presented by Torbay Mayor Gordon Oliver and Vice-Chairman of Torbay Council Roger Stringer. Over the whole day 64 medals were awarded with every gymnast receiving a certificate. Thank you to all the committee and coaches who gave up their time to volunteer and help make the competition run smoothly.



## BADGE DAYS:

In 2011 TOGC gymnasts have achieved 980 British Gymnastics and County Level awards, receiving badges and certificates.

350 Pre School Rewards have also been achieved along with 125 Trampoline Badges.

**Well done to all!**



## TRAMPOLINE:

There are still spaces available in some of the trampoline classes, if you know of someone who

would like to join, please contact Jack via the office.

We will be testing all trampolinists for their next badge after Christmas.

We are looking forward to our 3rd trampoline club competition in spring 2012. Entry forms will be given out nearer the time, all abilities welcome.

There are 2 Trampoline Squads - Junior and Senior, who are invited to train for Competitions/ Gradings.

Recent results have added to an excellent year with Matt Dean, Murray Crewes, Mia Pleas and Georgia Dommett moving up from Grade G to Grade F, Freddie Hill has had a very good year and is working towards National Grade C. The New Year should see a number more pass either Grade D or E. Full results are on the Club Website.



## CHEERLEADING:

The Cheerleaders again helped the Display Squad perform at many summer displays and the Club Competition. They are practicing for their 1st Competition in Newport in February. It's not too late to start now if you would like to go to Wales for the day. See the video & pictures on the website.



*"Everyone gets scared, and everyone falls. The key is to get right back up and try again."  
Shannon Miller,  
7 times Olympics medal winner.*



**MAINTENANCE DAY:**  
Early next year we have a number of jobs that need doing such as, repainting the reception skirting, the corridor walls, clearing some rubbish into a skip and many more fun jobs. Many hands make light work and all volunteers will be kept warm with tea, coffee and maybe a biscuit or two!! Please let us know if you think you may be able to help and look out for definite dates nearer the time.

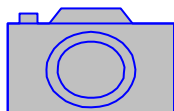


**FINANCE AND ADMINISTRATION:**

Please ask if you would like to pay by monthly standing order, it is easy to set up and saves time for everyone.

**COACHES :**  
Congratulations to Katy Cooper (started gym aged 20 months and now at Marjons), Kirstyn Carpenter (started gym aged 6 yrs and can be seen with combinations of blonde & pink hair) and Laura Dalton (started aged 5 yrs and now at Cardiff University) for passing their Level 2 Women's Artistic Coaching Award.

At the moment we have Libby Doherty, Tasha Harding, Sam Caunce & Jenny Grant on a Level 2 General Gymnastics course which was funded by our successful Awards For All application that has paid for their course, a First Aid Course and places for deprived families to either attend a term of adult Trampolining or bring an under 3 to a Parent & Toddler session, along with weekly sessions every school holiday for the Acorn Holiday Club.



**PHOTOS:**  
We have been approached by DE Photos, who attend competitions and go into clubs. They take action pictures and then post them on site to order, we are possibly looking at a couple of weeks in March for them to come in, there will be more details nearer the time.

**MORE RESULTS:**  
At the South West Alpha Factor, City of Bristol Gym Centre. Lucy-Jane Price came 4th overall and gained 3 apparatus medals - 2 silver (beam & floor)

and a bronze on vault. Maisy Bertram came 6th overall and just outside of a number of individual medals. These were excellent results in this strongly contested regional competition, Jessica Addis also had a creditable performance in the much bigger 11-12 years age group. Harry Baxter and Lewis Dennis competed for Devon's Under 10 Team in the South West Floor & Vault Championship in Plymouth on 27th Nov and helped the team gain a Silver Medal, Lewis came 4th as individual. An excellent result considering he had just recovered from a broken finger.

On 4th December girls passed their Club Grades ranging from Grade 14 up to Grade 10 all with either Highly Commended or Distinctions, a fantastic end to the year's hard work.



"Winners train,  
whiners  
complain."

**WHAT'S ON?**

- Jan/Feb:** Maintenance Day
- Feb Half Term:** Round Proficiency Badge Day
- Mini Olympics / Trampoline & Climbing Wall sessions ( these are every school holidays and booked through Paignton Community & Sports College)
- March/April:** AGM & Annual Awards, Mini Squad & Display Squad Competition
- April:** Easter Egg Hunt & County Badge Day
- May:** Trampoline Club Competition
- Whitsun Half Term:** (2 Day Bank Holiday) Round Proficiency Badge Day
- July:** Summer Pirates Fun Day



Please visit our website [www.torbaygymnastics.co.uk](http://www.torbaygymnastics.co.uk) for more information and further details.

**FOR SALE:**

**Good quality boardroom table 251cm (L) x 100 cm (W) x 72 cm (H)**  
**Mahogany varnish, detachable legs for easier removal.**  
**£200 o.n.o.**  
**Available to view in the Mary Cunliffe room at TOGC or ask at reception.**



**TOGC...CLUB OF THE YEAR :)**

Torbay's sporting stars were honoured on Friday 21st October 2011 at the EUROPLAS Torbay Sports Awards held at Torquay's Riviera International Conference Centre.



The EUROPLAS Torbay Club of the Year went to Torbay Olympic Gymnastics Club for benefitting the entire community, promoting healthy lifestyles to all. You can see the trophy and picture on display in the reception area of TOGC.

www.torbaygymnastics.co.uk



**WHO'S WHO AT TOGC?**



**Mark Pocock**  
Head Coach  
& Head of Squads



**Teresa Wylie**  
Head of Recreational  
Gymnastics



**Jack Marshall**  
Head of Recreational  
Trampoline



**Julie Simpson**  
Head of Pre School  
Gymnastics



**CURRENT ACTIVITIES AT TOGC...**

**Gymnastics:**

- Fun 4 Baby
- Pre-school
- Recreational
- Squads
- Adults



**Trampolining:**

- Recreational
- Squads
- Adults



**Cheerleading:**

- Kids
- Adults

**Climbing:**

- Climbing wall



**Parties:**



Why not have a gym, trampoline, climbing or cheerleading birthday party?

**Pilates:**

Mon 9.15 & 10.45 Tue 6 & 7.30 Wed 9.15, 6.30 & 7.45 Thur 9.15, 6 & 7.30

To book your place or discuss further, please give Kelley a call on:

07900 855926

**Judo:**

Run by Torbay Judo Club Tel: 07811 638361

**Taekwondo:**

Wed 7-9 & Sun 11-12



**CONTACT US:**

Units 2 & 3 Parkfield Estate,  
Barton Hill Way,  
Barton,  
Torquay  
TQ2 8JG

Phone: 01803 317 817

info@torbaygymnastics.co.uk